



May 2019

Dear Parent / Carer

## **Sex and Relationships Education (SRE)**

As part of the Science curriculum, we will cover a short module of Sex and Relationships Education (SRE). The aim of this curriculum is to provide students with knowledge that will enable them to make informed decisions about their well-being, health and relationships and to build their self-efficacy.

The module will run over a 2-week period and will be studied as part of your child's regular science sessions. The sessions will begin on the week commencing Monday 8 July, although the actual start date may vary for different science groups. Sessions will be delivered in a non-judgemental, factual way to allow for students to be involved in guided discussions and ask questions in a safe environment.

Each year group will cover different aspects of the curriculum as follows:

### **Year 7**

Students will build on the foundations of their primary SRE education. They will discuss different types of relationships and how these contribute to human happiness. They will learn the facts about human reproductive systems and the changes that occur to their bodies during puberty. In addition to this they will learn the importance of a healthy lifestyle.

### **Year 8**

Students covered SRE topics subsequent to their SATs examination. A letter regarding this was sent in the Easter mailing.

### **Year 9**

Students will study the laws related to sexual activity and learn the facts about the full range of contraceptive choices. They will learn about their rights, responsibilities and opportunities online and consider the online risks. Finally, they will explore the facts about legal and illegal harmful substances and their associated risks, including smoking, alcohol use and drug-taking.



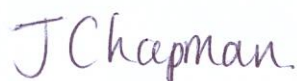
## **Year 10**

Students will learn about the characteristics and positive aspects of healthy one-to-one relationships with a review of contraceptive choices. They will learn that there are choices in relation to pregnancy and how different sexually transmitted infections (STIs) are transmitted. Finally, students will explore mental wellbeing with a discussion on the common types of mental ill health and activities that can have a positive impact on mental well-being and happiness.

Please note as part a scheme to end period poverty, the school have received a range of free sanitary products and will be offering these to female students in Year 9 and 10 during the SRE sessions.

Should you require any further information, please do not hesitate to contact me at the academy either by email [Jchapman@sandwellacademy.com](mailto:Jchapman@sandwellacademy.com) or telephone 0121 525 1700.

Yours sincerely

A handwritten signature in purple ink that reads "J Chapman".

**Mrs Jenna Chapman**  
**Curriculum Leader for Science**