



Sandwell Academy

BTEC Sport Level 3

WHY STUDY BTEC SPORT?

The course is an active and enjoyable way to study sport and gain an understanding of the Sport Industry.

The BTEC qualifications are coursework and examination based, they aim to provide students with opportunities to learn and apply theory to practice. Students will have the opportunity to develop appropriate knowledge and skills to enable progression to both Higher Education and employment.

SPECIFIC ENTRY REQUIREMENTS

- Grade 4 in Mathematics **and** English.
- A knowledge of the Human Body is desirable.
- Minimum Grade 6 at GCSE PE on the theory paper for Extended Certificate in Sport. Minimum of a Level 2 Merit for Extended Certificate and Diploma BTEC Sport Courses
- There is an expectation that there will be a commitment to Wednesday afternoon sports teams at the Academy

COURSE DETAILS

BTEC Level 3 National Extended Certificate in Sport

- 360 GLH
- Equivalent in size to **one** A Level.
- 4 units of which 3 are mandatory and 2 are external
- Mandatory content = 83%
- External assessment = 67%

Mandatory Units

Unit 1 - Anatomy & Physiology

1 hour 30 minutes written examination set and marked by Pearson.

Unit 2 - Fitness Training and Programming for Health, Sport and Wellbeing

A task set by Pearson and completed under supervised conditions

Part A – learners will research a case study set by Pearson 2 weeks before the assessment period.

Part B – a 2 hour supervised assessment period timetabled by Pearson.

Unit 3 - Professional development in the Sports Industry

Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.

Internal Assessment

Optional Units (choose one, all assessed internally)

Unit 4 - Sports Leadership

Unit 5 - Application of Fitness Testing

Unit 6 - Sports Psychology

Unit 7 - Practical Sports Performance

BTEC Level 3 National Diploma in Sport

- Sporting performance is compulsory for this unit.
- 720 GLH
- Equivalent in size to **two** A Levels
- 10 units of which 9 are mandatory and 2 are external.
- Mandatory content – 92%
- External assessment – 33%

Mandatory Units

Unit 1 - Anatomy & Physiology – EXTERNAL ASSESSMENT

1 hour 30 minutes written examination set and marked by Pearson.

Unit 2 - Fitness Training and Programming for Health, Sport and Wellbeing - EXTERNAL ASSESSMENT

A task set by Pearson and completed under supervised conditions

Part A – learners will research a case study set by Pearson 2 weeks before the assessment period.

Part B – a 2 hour supervised assessment period timetabled by Pearson.

Unit 3 - Professional development in the Sports Industry

Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.

Internal Assessment

Unit 5 – Application of Fitness Testing

Unit 6 – Sports Psychology

Unit 8 – Coaching for Performance

Unit 26– Technical and Tactical demands of Sport

Unit 27– The Athlete's Lifestyle

Unit 28– Sports Performance Analysis

Optional Units (choose one, all assessed internally)

Unit 4 – Sports Leadership
Unit 7 – Practical Sports Performance
Unit 9 – Research Methods in Sport
Unit 13 – Instructing Gym-based Exercise
Unit 14 – Exercise and Circuit based Physical Activity
Unit 17 – Sports Injury management
Unit 25 – Rules, regulations and officiating in Sport

BTEC Level 3 National Extended Diploma in Sport

Equivalent in size to **three** A Levels

- 15 units of which 8 are mandatory and 3 are external.
- Mandatory content – 61%
- External assessment – 33%

Mandatory Units

Unit 1 - Anatomy & Physiology – EXTERNAL ASSESSMENT

1 hour 30 minutes written examination set and marked by Pearson.

Unit 2 - Fitness Training and Programming for Health, Sport and Wellbeing - EXTERNAL ASSESSMENT

A task set by Pearson and completed under supervised conditions

Part A – learners will research a case study set by Pearson 2 weeks before the assessment period.

Part B – a 2 hour supervised assessment period timetabled by Pearson.

Unit 19 – Development and Provision of Sport and Physical Activity – EXTERNAL ASSESSMENT

Unit 3 - Professional development in the Sports Industry

Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.

Internal Assessment

Unit 4 - Sports Leadership

Unit 5 – Application of Fitness Testing

Unit 6 – Sports Psychology

Unit 9 – Research Methods in Sport

Optional Units (choose 7, all assessed internally)

Unit 7 – Practical Sports Performance

Unit 8 – Coaching for Performance
Unit 10 – Sports Event Organisation
Unit 11 – Research Project in Sport
Unit 14 – Exercise and Circuit based Physical Activity
Unit 17 – Sports Injury management
Unit 18 – Work Experience in Active Leisure
Unit 23 – Coaching and Leading for Participation
Unit 24 – Provision of Sport for people with Physical and Learning difficulties
Unit 25 – Rules, regulations and officiating in Sport
Unit 26 – Technical and Tactical demands of sport
Unit 27 – The Athletes Lifestyle
Unit 28 – Sports Performance Analysis
Unit 29 – Physical Education and the care of young people
Unit 30 – Sports Massage